

International Student Support News

Important UTAS Dates

February 20th – 24th
Orientation Week

February 27th
First Semester Commences

March 9th
Fees Due Date

March 23rd
HECS Census Date

April 5th
Easter Break

April 12th
First Semester Classes
Resume

May 11th
Exam Timetables Released

10 Chill Pills for Driving

Here are some things you can do to help you stay calm and in control while driving:



Help when you need it most.

1. Analyse stressful driving situations and plan for next time.
2. **Plan** ahead. Avoid crowded traffic.
3. Allow plenty of **time**. Hurrying can cause anger and frustration.
4. Think of your own **safety** and the safety of others. This can help calm you.
5. Be **patient** and courteous. Remember, all drivers make mistakes.
6. Take a moment to **calm** yourself and leave your problems behind before you start to drive.
7. Be **honest** with yourself. Admitting to yourself exactly how you feel can often help to calm you.
8. Open the windows to let in some fresh air and take a few deep breaths.
9. Give a tailgater an opportunity to pass you when safe to do so.
10. Loosen your grip on the steering wheel to ease your arm and neck muscles and reduce the chance of a headache.



DIAC Student Visa Peak Period Processing Times

DIAC are about to enter their student visa peak period and would like to offer some suggestions as to how best manage this to enable fast, streamlined processing of student visa applications.

- Please lodge your visa application online. Priority processing will be given to online applications however where you are unable to lodge online please send by post to Hobart Client Services, GPA Box 794, Hobart 7001).
- There will be limited appointment times & these will be allocated to students with exception/complex cases including those whose visa will expire within the next day (phone 131 881 for an appointment).
- If students attend the Hobart client services office, their applications will be collected for processing at a later time.
- DIAC recommend students renew their student visa well before the expiry of their current visa to avoid delays & to allow for more timely decisions to be made on their applications.

Natural Health & Wellness Expo 2012

SPONSORED BY BLACKMORES

**HOBART CITY HALL
FEBRUARY 19, 2012**

Admission: \$10, Concession \$5.

Doors open 9.00am – 4.00pm

For further information please ring

Bill Pearson: 6272 9694 or 0409 972 668

Exhibitors include:

Naturopathy
Tai Chi
Massage
Yoga
Drug Education Network
Reflexology
Karate
Bowen
Women's Health & Fitness
Prof. Training Information
Chinese Medicine
Health Saunas
Shiatsu
Clinical Hypnotherapy
Homoeopathy
Sport Science
Counselling Information

Seminars will be held during the day and a panel of natural medicine experts will be available to answer your questions.

Thanks to local sponsors exhibiting at the Expo:

Gaye Webb Reflexology & Massage, Go Vita Sandy Bay, Hobart School of Iyengar Yoga, Jian Shen School of Tai Chi, Lisa Lim, Mariangela Parodi.

Special thanks to:

Jacqui Hazell & B&E.



Local Events

Festivale, Launceston

10th – 12th February

Festivale celebrates food, wine & entertainment in al fresco style at Launceston's historic city park.

Where:

Launceston City Park

<http://www.festivale.com.au/>

Lunar New Year Celebrations

18th February, 9am – 12pm

Enjoy cultural performances, dragonboat racing. BYO picnic all welcome.

Where:

Derwent Sailing

Squadron, Marieville Esplanade

FREE

Clarence Jazz Festival

21st – 26th February

Held in beautiful outdoor, riverside & historic locations, the Clarence Jazz Festival is a perfect host for a variety of jazz styles

Where:

Various on Eastern Shore

<http://www.ccc.tas.gov.au/site/page.cfm?u=933&c=386>

FREE

MS Fest

3rd March

This music festival includes Amy Meredith, Bluejuice, Nina Las Vegas and Grafton Primary.

Where:

TCA Ground, hobart

<http://www.msfest.org.au>



Metro Flat Fare

Weekend

11th to 13th February

Metro is offering everyone flat fares for travelling on its buses on the long weekend of 11th – 13th February.

Fares on all services are one low flat fare of \$2 per adults per journey & \$1 for student & concession passengers per journey.



Promote Your Event In the Next Newsletter

The International Student Support News is sent at the beginning of each month to all international students.

If you have an event to promote or a topic you want included in the next issue, please send the details to

ISA.Hobart@utas.edu.au

University of Tasmania – Student Centre

www.international.utas.edu.au

Private Bag 2, Hobart, 7001
Locked Bag 1338, Launceston, 7250

ISA.Hobart@utas.edu.au
ISA.Ltn@utas.edu.au

Phone: 6226 2697
Phone: 6324 3503

Fax: 6226 7862
Fax: 6324 3924

CRICOS Provider Code 00586B